



AT CASALINGA ORGANIC FARM

BREAKFAST

08H30 - 11H00

PANCAKES & GELATO (VG)(GF) Home-made Pancakes Berry Coulis • Vanilla Gelato	R89	GLUTEN FREE TOAST (VG)(GF) Served with Jams and Nut Butter	R45
VEGAN CHEESE TOAST (VG) Vegan Cheese • Tomato • Onion Mustard • Paprika • Vinaigrette	R78	AVO TOAST (VG) Avocado • Tomato • Pesto Rocket • Sprouts • Toasted Seeds Balsamic Reduction	R95
MUSHROOM BENEDICT (VG)(GF) Mushroom • Spinach & Onion Avocado • Rocket • Rösti Vegan Hollandaise	R108		

LUNCH

11H00 - 15H30

THAI GREEN CURRY (VG)(GF) Butternut • Sprouts • Brinjal Broccoli • Rice	R110	VEGAN BAKED PIZZA (VG)(GF) Vegan Cheese • Mushrooms Olives • Peppers • Avocado Rocket • Caramelised Onions	R140
THREE SALAD PLATE (VG)(GF) Three of the best, seasonal salads of the day	R95	RAW SEASONAL SOUP (VG)(GF) Chef's Choice of the day. Please ask your server.	R75
WRAPS Order as a Wrap or a Salad	R95	VEGAN BURGERS Plant-based Burger of the day (VG) Caramalised Onions • Pickles Tomato • Lettuce • Bun	R125
Falafel Wrap (VG)(GF) Falafels • Cucumber • Lettuce Hummus • Guacamole • Salsa Carrots • Sauerkraut • House Dressing Seeds • Cauliflower Kale Wrap	R110	Bunless Beetroot Burger (VG) Mustard • Sprouts • Avo Lettuce • Pickles Vegan BBQ Sauce • Gluten Free Toast	R110
Mexican Wrap (VG)(GF) Black Beans • Guacamole Peppers • Vegan Sour Cream • Salsa Cauliflower Kale Wrap	R110	RAW PIZZA (VG)(GF) Raw Buckwheat and Seeded Base Spinach • Marinated Onions • Avocado Vegan Cashew Cheese Served with a side Garden Salad	R120
RICE PAPER ROLLS (VG)(GF) Rice Paper Wraps • Rice Noodles Sliced Seasonal Vegetables Creamy Nut Dipping Sauce	R78		

SIDE DISHES

Garden Salad (VG)(GF)	R45	Croquettes (each) (VG)	R10
Chipotle Kale Salad (VG)(GF)	R65	Creamed Spinach (VG)	R20
Potato Fries (VG)(GF)	R35	Mashed Potato (VG)	R20

V - Vegetarian • VG - Vegan • GF - Gluten Free